ELK GROVE
BICYCLE SAFETY

When enjoying outdoor activities like bicycling, community members are encouraged to reacquaint themselves with bicycle safety rules that will help make their rides safer and more enjoyable.

Always Wear an Approved Bicycle Helmet
A bicycle helmet should sit low on the forehead just above the eyebrows. It should fit snugly and the two side plastic pieces on the straps should fit just under the ears. The buckle should be just under the chin, with one finger's width of space between the strap and chin. The helmet must always be buckled while riding. The helmet should not move more than ⅛ inch in any direction.

Know and Follow the Rules of the Road
Know and follow the rules of the road contained within the California Vehicle Code (CVC). Vehicle Code handbooks can be obtained through your local Department of Motor Vehicles Office or Automobile Club. Remember, bicyclists must obey the same laws as drivers of motor vehicles.

Ride with the Flow of Traffic
Always follow lane markings and use appropriate hand signals. Ride single-file when in heavily congested areas.

Avoid Riding at Night
If it becomes necessary to do so, wear light-colored or reflective clothing. Make sure your bicycle is properly equipped with reflectors and a front light if possible.

Be Alert While Riding
Watch for cars, pedestrians, and hazards in the roadway like potholes, drain grates, etc. Don’t assume other people will yield to you. Be courteous and give the right-of-way to other bicycles and pedestrians.

When Using a Crosswalk Walk Your Bike
Always look left, right, then left again— even when the light gives you the right-of-way.

ELK GROVE's
FEATURED TRAILS

The City of Elk Grove is home to more than 28 miles of trails for walkers, runners and bicyclists. Our unique and extensive trail system meanders throughout open space, green belts, creeks and wildlife habitats, while connecting to award-winning parks, schools, neighborhoods and retail shopping centers. The interconnected trail system, maintained by the City and CSD, also promotes access to a network of bike lanes, providing alternative transportation opportunities in Elk Grove and throughout the region. The City of Elk Grove Bike Map will help you locate Elk Grove’s multi-use trails and bike lanes that make traveling within the city and beyond both convenient and enjoyable.

Franklin Creek Trail
The East Franklin, Poppy Ridge, and Laguna Ridge neighborhoods along Franklin Creek are home to the five and a half-mile-long, paved Franklin Creek Trail – one of the City’s newer trails that boasts some of the highest use and rich connections to other community amenities. The trail promotes healthy lifestyles, offering the opportunity for everything from a bike ride or jog to a casual stroll or walking the dog. Outlets along the trail provide direct and close access to nearby dozens parks, schools, and popular shopping destinations, including Kohl’s, Riley’s, Nugget Market, Trader Joe’s, Starbucks, and many local businesses and restaurants.

Fouls Ranch/Laguna Greenbelt
In the Fouls Ranch and Laguna Creek West subdivisions, from Kilconney Drive to Laguna Park Drive, winds another of Elk Grove’s notable trails – the Fouls Ranch/Laguna Greenbelt. Nearly 1.6 miles of paved greenbelt and park walkways for walking, running, jogging, skateboarding and bicycling allow trail users access to parks and playgrounds, athletic fields and open spaces, schools and shopping centers. Lichtenberger, Batey, Kloss and Pedersen Parks are all within easy access of the Fouls Ranch/Laguna Greenbelt, as are four shopping centers anchored by grocery and drugstores.

Laguna Creek Trail
Making its way from Bond Road to Waterman Road through the center of Elk Grove, the popular Laguna Creek Trail features two miles of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every mile of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every mile of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every mile of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every mile of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every mile of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every .
LEGEND

- Class I Off Street
- Future Class I
- Class II Bike Lane
- Future Class II
- Class III Bike Route
- Future Class III

Bike Shops
- Elk Grove Bike Shop (C-2)
- Elk Grove Cyclery (C-2)
- Dick’s Sporting Goods (C-2)

Points of Interest

RECREATION
- Elk Grove Bike Park (C-3)
- Wackford Community Center (B-2)
- Skate Park (B-3)
- Jerry Fox Swim Center (C-3)
- Dal Mayer Park Trailhead (C-2)
- Skate Park (C-2)
- Sports Complex (B-3)
- Valley Hi Country Club (B-3)
- Emerald Lakes Golf Course (C-4)
- Aquatics Center & Commons (C-3)
- Old Town Plaza (D-3)

NATURE
- Elk Grove Rain Garden Plaza (C-2)
- Longleaf Wildlife Viewing Area (C-2)
- Stone Lake National Wildlife Reserve (A-4)
- Community Garden (C-2)
- Camden Lake Greenbelt (C-2)
- Rose Garden Park (C-2)
- Lichtenberger Park Rose Garden (B-2)

COMMUNITY CENTER
- Wackford Community & Aquatic Complex (B-2)
- Laguna Town Hall (A-2)
- Elk Grove Senior Center (C-2)
- Elk Grove Teen Center (C-2)
- Senior Center/Veterans Hall (C-3)

EDUCATIONAL
- Elk Grove Library (D-3)
- Franklin Community Library (B-3)
- Elk Grove Hotel and Stage Shop Museum (C-3)

PUBLIC SERVICES
- US Post Office (Willamson Dr.) (C-3)
- US Post Office (Bruceville Rd.) (B-3)
- Dignity Health Medical Campus (C-3)
- Sutter Medical Plaza (C-2)
- Kaiser Medical Office (D-3)
- Kaiser Medical Office (C-2)
- UCD Medical Group (C-2)

GOVERNMENT FACILITY
- CSD Parks & Recreation (C-3)
- City Hall/Elk Grove Police (C-2)
- Sacramento County Sheriff (D-2)
- Special Waste Collection Center (D-4)

Approximate Scale (in miles)

0 ¼ ½ 1